



Carlingford Lough Yacht Club

Cruiser Early, Mid & Late Seasons, Thursday & October Series

& closed races and regattas organised by CLYC, 2018

SAILING INSTRUCTIONS

1. RULES

The series will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.

2. SCHEDULE

- 2.1 Times and dates of races are available on the Club web site **Race Big Boats** page.
- 2.2 Days of racing will be on Saturday afternoons and Thursday evenings, but other times or days could be scheduled.
- 2.3 Up to three races, back-to-back, are planned, subject to turnout, weather and tides.
- 2.4 Apart from Thursdays, the Race Officer shall not give a warning signal later than 4.15 pm
- 2.5 Apart from Thursdays, the minimum number of starters to constitute a race is 3.

3. CLASS FLAGS

- 3.1 Normally there will be only one Class, ie unrestricted, so a boat may fly spinnaker or gennaker as per her Registration.
- 3.2 If flags are to be used, competitors will be informed about the description of the Class flag(s) before the race.

4. START

- 4.1 The Warning signal (Class flag or sound only, or both) will be given 5 minutes before the starting signal.
- 4.2 The Preparatory signal (P-flag or sound only, or both) will be given 4 minutes before the starting signal.
- 4.3 If a Preparatory flag is being used, it will be removed 1 minute before the starting signal. Otherwise the 1-minute signal will be a sound only, or both the Preparatory flag will be removed and a sound may be used.
- 4.4 If a Class flag is being used, it will be removed at the start time. Otherwise the start signal will be a sound only, or both the Class flag will be removed and a sound may be given to indicate the start of the race.
- 4.5 The sounds referred to above may be a horn or a voice over the VHF radio Channel 6.

5. FINISH

- 5.1 The Finish line will normally be the same as the Start line. Competitors will be informed if this changes.
- 5.2 Each boat will record her finish time and, unless there is a Committee boat on station, report it to the Race Officer of the Day (RO) over VHF radio immediately after each race has finished.

6. COURSES

- 6.1 Final information on the location of the Start and Finish lines will be conveyed to all boats before racing, by the RO.
- 6.2 The Course to be sailed will be broadcast to all boats over VHF radio before each race by the RO.
- 6.3 An outline of the general sailing area is shown in the Chart, below.
- 6.4 If a race is to be shortened or abandoned, the RO will issue instructions over VHF radio during the race.

7. TIME LIMITS AND TARGET TIMES (for normal races)

- 7.1 These are as follows:

| | |
|-------------------------------|-----------------------------------|
| Target Time (1st Boat) | Race Time Limit (1st Boat) |
| 45 minutes | 60 minutes |
- 7.2 Boats not finished within 30 minutes after the first boat to finish, will be scored DNF. This changes **RRS 35** and **A4**.
- 7.3 If no boat has sailed the course and finished within the Race Time Limit, the race will be abandoned.

8. PROTESTS AND REQUESTS FOR REDRESS

- 8.1 Protest forms should be downloaded before racing from the following address at the Club website:
<http://www.clyc.info/wp-content/uploads/2014/05/RYA%20Protest%20Form.pdf>
- 8.2 Protests and requests for redress or reopening shall be delivered to the RO within the appropriate time limit.
- 8.3 The protest time limit is 90 minutes after the last boat has finished the last race of the day.

9. SAFETY REGULATIONS

- 9.1 A boat that retires from a race shall notify the RO as soon as possible after the end of the race.
- 9.2 The deep water channel lateral marks are navigation buoys (see Chart, below), and so contact is to be avoided.
- 9.3 A boat coming into contact with any of these must notify Warrenpoint Harbour Radio as soon as possible over VHF Channel 12 in order that maintenance or repositioning can be carried out quickly. This allows a safety warning to be broadcast to lough users.
- 9.4 The boat involved will be solely responsible for any costs incurred by such contact.

10. SCORING

- 10.1 Where the handicaps of each boat are adjusted after each race, this will be according to the **RYA NHC** system.
- 10.2 An adjustment in handicap number is not grounds for redress. This changes **RRS 62**.
- 10.3 Where fixed handicaps are used, these will be as specified by the Carlingford Lough Rating (CLR) system for seasons, and the Current Personal Handicap for one off races and regattas.
- 10.4 The discard pattern for any boat in any series will be 0,0,0,1,1,2,2,3,3,..... This changes **RRS A2**.
- 10.5 A boat unable to sail because of a requirement to perform any Club duty, may claim average points for each race.

11. TELECOMMUNICATION

- 11.1 Except in an emergency, a boat shall neither make voice or data transmissions while racing nor receive voice or data communications not available to all boats.
- 11.2 This restriction also applies to mobile telephones.
- 11.3 All boats shall monitor VHF channels 12 and 16 in addition to the channel being used for racing information.

12. PRIZES

- 12.1 A trophy will be awarded to the best boat in each series, season and one-off race and regatta.
- 12.2 Where the winner of any CLYC trophy is not a full CLYC member, the trophy will remain in the possession of CLYC.

13. RISK STATEMENT

- 13.1 Competitors participate in the races entirely at their own risk. See **RRS 4**, "**Decision to Race**".
- 13.2 It must be recognised that sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk.
- 13.3 By taking part in these cruiser races, you agree and acknowledge that:
 - (i) You are aware of the inherent element of risk involved in the sport and you accept responsibility of exposing yourself to such risk whilst taking part in the cruiser series;
 - (ii) You will comply at all times with the instructions of the organising authority, particularly with regard to handling of boats, wearing of buoyancy aids and the wearing of suitable clothing for the conditions;
 - (iii) You accept responsibility for any injury, damage or loss to the extent caused by your own negligence;
 - (iv) Provision of patrol boat cover (if any) is limited to such assistance as can be practically provided in the circumstances.

14. INSURANCE

Each participating boat shall be insured to race with valid third-party liability insurance with a minimum cover of £3M or equivalent.

CHART

The chart below illustrates the general area (in green) in which races are normally held. This chart is **NOT** to be used for navigation.

