



CLYC – DINGHY TRAINING RESTART PLAN – APRIL 2021

Areas	Controls
General	<ul style="list-style-type: none">• GOVERNMENT:<ul style="list-style-type: none">○ Adhere to Government Guidelines and RYA Guidance at all times • SOCIAL DISTANCING:<ul style="list-style-type: none">○ Facilitate and encourage social distancing at all times through clearly defined and communicated procedures and a step-by-step protocol for attending the club○ Over 18s only allowed to attend and take part in sailing training activities during the first phase of the CLYC Dinghy Sailing Restart Plan • COMMUNICATION:<ul style="list-style-type: none">○ Inform and communicate to members the symptoms of Covid-19, how it spreads and what people can do to stay safe○ CLYC Covid-10 Team made up of Catherine, Ian, Garrett and Jonathan to co-ordinate and manage the plan with weekly reviews and updates to the committee. Catherine nominated as Covid-19 Officer for member communication in relation to Health and Safety.

	<ul style="list-style-type: none"> ○ Beach master to be appointed to enforce regulations on the day
<p>Reducing the risk of virus transmission</p>	<ul style="list-style-type: none"> ● SCREENING: <ul style="list-style-type: none"> ○ Provide members with the information to enable them to adequately self-screen before attending the club. ○ Weekly registration form issued via Jot Forms for members to confirm their attendance at a race and confirmation that they are not displaying any symptoms related to Covid-19 or that no one whom they have had contact with in the past 14 days has had symptoms ● HYGIENE: <ul style="list-style-type: none"> ○ Provide hand sanitizer stations and encourage all members to wash their hands on arrival and when leaving the club. Prohibit the sharing of food or drink while on the club premises. ○ Ensure that adequate facilities are provided for members to wash their hands ○ Develop a cleaning schedule so that all common areas and surfaces are cleaned and disinfected before and after the club is used
<p>Facilities</p>	<ul style="list-style-type: none"> ● CLUBHOUSE <ul style="list-style-type: none"> ○ Clubhouse to remain closed at all times with access only provided to male and female toilets with separate access provided to each

	<ul style="list-style-type: none"> • TOILETS/ CHANGING <ul style="list-style-type: none"> ○ Members asked to change at home in advance and after sailing. Changing rooms only open for accessing toilet facilities ○ Members asked to adhere to a 1 in 1 out policy and to limit their contact with shared surfaces as much as possible ○ Male toilets will be accessed via the front of the building and female toilets via the rear • REVIEW <ul style="list-style-type: none"> ○ Continue to review on a weekly basis and take further safety measures where social distancing or cleanliness cannot be controlled
<p>Launching & Mooring Facilities, Services and Support</p>	<ul style="list-style-type: none"> • SOCIAL DISTANCING <ul style="list-style-type: none"> ○ Members asked to adhere to strict social distancing when rigging boats. ○ Upon arrival, members must go straight to their boats and rig in an area that provides enough space to ensure that they are adhering to the 2m distancing requirements. There will be two designated rigging areas with a max occupancy of 6 boats each. Area 1 will be in the Boat Park and Area 2 on the grass area to the front of the Club House. ○ Beach Master to co-ordinate launch and recovery

	<ul style="list-style-type: none"> ○ If assisting another member with launch or recovery, face masks/ coverings and gloves must be worn to reduce the risk of contact. ○ Safety boat to be launched by the team on the day using a vehicle driven by the Beach Master. Members are asked not to assist with this procedure to avoid contact with hard surfaces
<p>Activities</p>	<ul style="list-style-type: none"> ● DINGHY SAIL TRAINING <ul style="list-style-type: none"> ○ Dinghy Sail Training to commence for members on Sunday 18th April with further review of the schedule to take place thereafter. Participation restricted to 10 persons and over 18s only initially. Details of junior training to follow. ○ Cruiser activity will not commence until guidelines permit ○ 1 Person Dinghies only permitted or 2 Person Dinghies where both sailors are from the same household ○ Beach Master retains the right to restrict or cancel training based on guidance and the environment on the day including forecast, temperature, wind speed, direction, sea state, tide, visibility, participants competence, safety crew competence and number or types of craft involved. ○ Training approach will be agreed on the day
<p>On the water</p>	<ul style="list-style-type: none"> ● SAFETY <ul style="list-style-type: none"> ○ Daily briefing to be carried out by the Beach Master outside and observing social distancing

	<ul style="list-style-type: none">○ Safety boat crew must be from the same household○ One member of the safety boat crew must be clearly competent to RYA Power Boat Level 2○ Safety Boat crew must wear gloves and face masks/ coverings at all times
Responding to a potential Covid-19 exposure at your club	<ul style="list-style-type: none">● RESPONSE<ul style="list-style-type: none">○ Follow public health advice○ Make sure everyone's contact numbers and emergency contact details are up to date via the weekly registration Jot Form○ Provide the beach master with the power to send anyone displaying Covid-19 symptoms home