



CLYC Instructions for Dinghy Training - April 2021

1. Sailors must register for every training session via Jot Form at least 2 hours before the start time. Registration will open on Thursday 15th April at 9am.
2. Safety boat crew and beach master must also fill out the registration form in advance.
3. Do not attend if you or any family members develop Covid-19 symptoms.
4. Arrive at the club dressed in your sailing gear.
5. Please wash your hands with soap or sanitise with alcohol gel provided upon arrival.
6. Maintain 2m social distancing with all sailors and safety boat crew at all times.
7. Rig your boat in the allocated area.
8. Do not touch the RIB unless instructed to do so by safety boat crew.
9. The Beach Master will inform you when to launch.
10. The Beach Master will take your trolley as you launch.
11. Do not help other boats to launch.
12. The Safety Boat team will tell you when to go ashore after the session.
13. Please mark your trolley to help the Beach Master identify it.
14. Please wash your hands or sanitise before leaving the club.
15. Please dispose of your gloves or masks in your own bins and do not leave on club property.
16. If you use the toilet please spray toilet seat, flush handle and taps after use with the bleach provided.
17. Participants from different households who want to boat multi-handed must ensure that they are able to adhere to social distancing and consider additional mitigation where this can not be maintained.
18. Club boats for hire can be booked on a first come, first serve basis. If the sailor is subsequently not able to attend they must contact the Sailing Secretary to allow the boat to be reallocated.

WEDNESDAY SAILING:

- 7.00:** Arrive dressed in sailing gear
- 7.20:** Safety Boat launched
- 7.30:** Dinghies launched one at a time on direction of Beach Master
- 8.30:** Derig and go home

SUNDAY SAILING:

- 13.30:** Arrive dressed in sailing gear
- 13.50:** Safety Boat launched
- 14.00:** Dinghies launched one at a time on direction of Beach Master
- 15.00:** Derig and go home



CLYC Instructions for Safety Boat Crew and Beach Master

1. Do not attend if you or any family members develop Covid-19 symptoms.
2. Safety boat crew and beach master must also fill out the registration form in advance.
3. Arrive at the club dressed in your sailing gear.
4. Please wash your hands with soap or sanitise with alcohol gel provided upon arrival.
5. Maintain 2m social distancing with all sailors and safety boat crew at all times.
6. Prepare the RIB for launch . Bring gloves and mask/ Buff onto water.
7. Coordinate with a designated car driver (pre-arranged) to launch the RIB.
8. Beach Master to have a record of sailors who attend.
9. Instruct sailors where to rig if one area is overcrowded.
10. Beach Master to liaise with RIB and instruct boats when to launch.
11. Beach Master to wear gloves and boots when launching and hold trolley below the handle.
12. Beach Master to assist with recovery of fleet.
13. Safety Boat crew to clean the rib ready for the next crew.
14. Please wash your hands or sanitise with alcohol gel before leaving the club.